

# NEW LOCATION & NEW "Mini Mile" - Family Fun Walk



## SATURDAY, SEPTEMBER 20, 2014 – Lenoir City

- DATE/TIME/PLACE:** Saturday morning, September 20, 2014. Race starts 8:00 a.m. Start/finish at STAR 11800 Hwy 11E, Lenoir City, TN
- DIRECTIONS:** I-40 W – Take the Watt Rd. Exit #369. Turn left on Watt Rd. and follow it to Kingston Pike. Turn right on Kingston Pike and get immediately into to left lane. Take the left split going toward Lenoir City - this is Hwy. 11E. STAR is 2 miles on the left. I-40 E – Take the Watt Rd. Exit #369. Turn right on Watt Rd. and follow it to Kingston Pike. Turn right on Kingston Pike and get immediately into to left lane. Take the left split going toward Lenoir City – this is Hwy. 11E. STAR is 2 miles on the left. Look for the STAR sign and the big barn on the hill.
- COURSE DESCRIPTION:** This 3.1 mile trail is an amazing, yet challenging journey through the countryside.
- REGISTRATION & FEES:** Register online or mail in entry form. 5K Trail Run is timed! EARLY REGISTRATION June 20-Aug. 15: Adults - \$30, Children 6-12 - \$15. REGULAR REGISTRATION: August 16 thru September 19: Adults - \$35, Children 6-12 - \$20. Day of Registration: Adults - \$40, Children 6-12 - \$25. **Children 6 and under are FREE.** Check-in 7:00-7:45 on event day!
- FUNDRAISING:** This is a FUNDRAISING event for STAR. All participants are strongly encouraged to raise funds in addition to registration fees. Fundraising tips are available at [www.rideatstar.org](http://www.rideatstar.org). Any and all support is greatly appreciated.
- T-SHIRTS:** T-shirts will be available for all pre-registered participants (registered by noon Sept. 19). Others will receive shirts as supplies last.
- AWARDS:** Top 3 Individual Fundraisers; Top 3 Fundraising Teams; Largest Team and Top 3 Runners Male & Female.
- FOOD:** FREE for all registered participants. \$5 for non-registered persons.
- OTHER ACTIVITIES:** Rider Demonstration
- RACE ETIQUETTE:** **No dogs, pets** or bicycles allowed.
- INFORMATION:** Contact event director, Shara Cross at 865.988.4711, [development@rideatstar.org](mailto:development@rideatstar.org)

### HOOF IT! REGISTRATION FORM

Mail completed form and payment to STAR • 11800 Hwy 11E • Lenoir City, TN 37772 • Make checks payable to STAR

Name: \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_ City/ST/ZIP \_\_\_\_\_

Phone#: \_\_\_\_\_ Email: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Team Name: \_\_\_\_\_

Circle Event:      5K Trail Run                      "Mini Mile" – 1 mile Family Fun Walk                      SLEEP IN

#### Liability Waiver – To participate in this event, you must sign and date this form.

I know that participating as a runner/hiker is a potentially hazardous activity. I acknowledge that I should not run, hike or ride in Hoof It! unless I am medically able and properly trained. I assume all risks associated with participating in the aforementioned event, including, but not limited to: falls, contact with other participants, the effects of weather including high heat and humidity, rain, the condition of the trail and traffic on the course, all such risks known, appreciated, and assumed by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release STAR, Dry Ridge Farm and any person connected with the event and their agents, directors, owners, representatives, heirs, executors, successors, administrators, and assigns from any and all claims of liability of any kind arising out of my participation in the aforementioned event, even though liability may arise out of negligence or carelessness on the part of the persons named and released in this waiver. I also grant permission to STAR and its authorized agent(s) use any and all photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature \_\_\_\_\_ & if under 18, parent's signature \_\_\_\_\_ Date \_\_\_\_\_